

Gymnast's Code Of Conduct

Our Gymnast Code Of Conduct at Dreamweaver Gymnastics Club is as follows;

- *You should arrive at least 5 mins before the start of the session.*
 - *The dress code is leotard / close fitting shorts and t-shirts for girls, and leotard / tight fitting t-shirt and shorts for boys. No denim or loose fitting jogging bottoms.*
 - *Long hair must be tied back.*
 - *Jewellery is not to be worn in the gym – as per the BG jewellery policy.*
 - *You should follow the instructions of the coaches at all times.*
 - *You must not climb upon or use any equipment unless instructed to do so by a qualified coach.*
 - *You are expected to maintain a good standard of behaviour at all times.*
 - *The club does not accept any form of bullying either verbally or via social networking sites, texting or e-mails.*
 - *You must register on arrival and remain with the club official until collected after the session.*
 - *You must not communicate one to one through any social networking site, send texts or e-mails with any coaches.*
 - *You must not use inappropriate language towards any coaches, parents or gymnasts.*
 - *If you have a concern regarding safeguarding you can speak directly to the club Welfare officer (contact details are on the notice board).*
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