

New Covid-19 Procedures

On Arrival

- Gymnasts are required to be dressed ready for their session. (no coats, jumpers or hoodies are to be brought into the gym).
- No drinking facilities on site, please bring a water bottle with you if required.
- Gymnasts can queue or wait in cars until the marshal opens entry.
- Parents can wait with gymnasts in queue but cannot enter the gym.
- A member of staff will guide gymnasts on where to leave their shoes and water.
- Gymnasts are required to sanitise their hands on entry before being guided to their warm up marker.
- Each group has its own specific equipment for the session that will have been sanitised before your arrival.
- Gymnasts will be required to sanitise their hands after each rotation.

Toilets

- Any gymnasts are encouraged to go to the toilet before entering the facility.
- Gymnasts requiring the toilet, need to speak to a member of staff so that these can be unlocked.
- All toilets will be thoroughly cleaned after each use.

Departure

- Any parents/ guardians arriving for pick up are asked to also queue outside the fire exit where they can collect their child.
- Gymnasts will be dismissed individually by staff once the person collecting them is here, sanitising their hands on exit.
- Please leave the premises as quickly as possible and do not mingle with others in the car park.

Cleaning

- All equipment in the gym will be sanitised after each session for the safety of the gymnasts.
- All surfaces in the facility will also be cleaned and sanitised.
- At the end of each day the entire facility will be deep cleaned ready for the next day of sessions.
- All coaches will be in PPE and masks for the duration of sessions.
- Coaches will coach with minimal physical contact with gymnasts to help maintain social distance. There will however be moments where gymnasts and coaches do come into contact, be it for support or to safely catch a gymnast.