



Netherhall Gymnastics Club



Netherhall School
Queen Edith's Way
Cambridge

Code of Conduct for gymnasts;

- You should arrive at least 5 mins before the start of the session.
- The dress code is leotard / close fitting shorts and t-shirts for girls, and leotard / tight fitting t-shirt and shorts for boys. No denim or loose fitting jogging bottoms.
- Long hair must be tied back.
- Jewellery is not to be worn in the gym - as per the BG jewellery policy.
- You should follow the instructions of the coaches at all times.
- You must not climb upon or use any equipment unless instructed to do so by a qualified coach.
- You are expected to maintain a good standard of behaviour at all times.
- The club does not accept any form of bullying either verbally or via social networking sites, texting or e-mails.
- You must register on arrival and remain with the club official until collected after the session.
- You must not communicate one to one through any social networking site, send texts or e-mails with any coaches.
- You must not use inappropriate language towards any coaches, parents or gymnasts.
- If you have a concern regarding safeguarding you can speak directly to the club Welfare officer (contact details are on the notice board).

I / We agree with the above policy and will abide by it at all times.

Name of Gymnast (Block Capitals) : _____

Signed Gymnast: _____ Date : _____

Signed Parent : _____ Date : _____